

Colorado Institute of Massage Therapy Student Sports Massage Clinic



***30 Minutes
For
Only \$10.00***

Benefits:

- + *Promotes endurance*
- + *Helps performance*
- + *Reduces soreness*
- + *Increases flexibility*



When: Every Other Monday 5:30—8:30 PM

Where: 1490 West Fillmore Street (near Coronado High School)

What to Bring or Wear: Swimsuit or Shorts and Sports Bra or T-Shirt

Qualifications: Must pre-pay. This program is limited to any person who is registered for an athletic event, race or sports competition.

Call (719) 634-7347 to schedule your appointment or to have questions answered. You can also go on line at **www.coimt.com**.