



# The Colorado Institute of Massage Therapy *presents...* **Continuing Education 2010**

## **Wednesday Night Series**

**Held from 6-9PM 3 CEUs**

Cost for each class: Health Network Members \$45,  
Non-Members \$55

March 10th **Facilitated Stretching of the Lower Extremities** presented by International Instructor, Bob McAtee, RMT

April 14th **Pin & Stretch** presented by Bentley, RMT

May 12th **Myofascial Release of the Abdomen** presented by Bonnie Thompson, RMT, CNMT, FT

June 2nd **Facilitated Stretching using Spiral Patterns** presented by International Instructor, Bob McAtee, RMT

July 14th **Assessment for the Bodyworker** presented by Bentley, RMT

Sept. 8th **Myofascial Release of the Thorax** presented by Bonnie Thompson, RMT, CNMT, FT

Call **719-634-7347** to register and find out more about student discounts!

**Isometrics and Body Balancing I** presented by NCBTMB educator, Jill Hayden, RMT Feb. 6th-7th, or Aug 21st-22nd. 8AM-5PM. Health Network Members \$340, Non-Members \$400. *16 CEUs*

**Introduction to Shiatsu** presented by Joe Steffen, Lic. Acp. March 7th-14th, 9AM-5:30PM. Health Network Members \$114, Non-Members \$129

**ISSA Fitness Nutrition Certification** presented by Dr. William Elliott, PhD, MS, FT, CPT, CNMT, RMT 8-week series, starting Mon, March 15th, 6:30PM-9:30PM. Health Network Members \$550, Non-Members \$620

**Solving Frozen Shoulder and Other Shoulder Issues** presented by NCBTMB educator, Kim Wuest, RYT, RMT March 19th-21st, 9AM-6PM. \$350 if registered at least 1 week prior to start. Late Registration add \$30.

**Certification in Neurology for Bodyworkers** presented by Dr. Michael Pierce, DC, DACNB and Assistant Instructor, Bonnie Thompson, RMT, CNMT, FT. One weekend per month for one year, starting April 9th & 10th (intro class prior to start date). \$3500 *150 Hour Cert.*

Email [neurology@coimt.com](mailto:neurology@coimt.com) for more information

**Hot Stone Certification** presented by Sharon Jenks, RMT, CNMT One day certification April 17th or 18th, October 23rd, or 24th, 8:30AM-5:30PM. Health Network Members \$125, Non-Members \$150 *8 CEUs*

**Yogassage** presented by Erica Boucher, BA, RYT, LMT, CHt May 22nd-23rd, 9AM-5PM. Health Network Members \$225, Non-Members \$250 *14 CEUs*

**Infant Massage Certified Educator Training** NCBTMB approved course presented by Olga Morris, FNP June 4th-7th, 9AM-5PM. Health Network Members \$595, Non-Members \$650. *28 CEUs*

**ISSA Fitness Trainer/Therapist Certification** presented by Dr. William Elliott, PhD, MS, FT, CPT, CNMT, RMT 10-week series, starting June 14th, 6:30PM-9:30PM. Call for pricing. *24 CEUs*

**Working with Pelvis, Leg, and Knee Issues** presented by NCBTMB educator, Kim Wuest, RYT, RMT Oct. 1st-3rd, 9AM-6PM. \$350 if registered at least 1 week prior to start. Late Registration add \$30.

All classes subject to change.

Please call for the most recent information regarding each course.

# NMT and the Gravity Game, presented by Judith DeLany, LMT

Colorado Institute of Massage Therapy  
1490 W. Fillmore  
Colorado Springs, CO 80904

Our bodies are challenged by gravity every day. Muscles and bones are designed to compensate in a functional manner while conserving body resources. However, when adaptational demands are too great or are prolonged, decompensation with serious consequences may result. Be more effective by learning useful strategies to observe, assess and deal with poor posture, muscle substitution, and dysfunctional gait mechanics. Morton's foot and body-wide consequences of pronation dysfunction will be spotlighted.



March 27th 9AM-5:30PM & March 28th 9:30AM-1:30PM  
\$275 with early registration  
Late registration fee \$50

**Judith DeLany**, internationally known NMT author and instructor, has presented at numerous state, national and international conferences and served for 12 years as associate editor for peer-reviewed *Journal of Bodywork & Movement Therapies*. You can benefit from her experience of 25 years in the massage profession and knowledge gained as co-author of three definitive NMT texts.

Now Accepting Registration for 2010 Continuing Education!  
Call **719-634-7347** or visit [www.coimt.com](http://www.coimt.com) for course  
information and instructor biographies!